

## Call for Submissions from Counselors, Psychologists, Social Workers, and Practicing Therapists (5 – 10 ms. Pages)

Dr. Joy Whitman and Dr. Cyndy Boyd are soliciting submissions for an upcoming book entitled--

The Therapist's Notebook for Sexual and Gender Identity Diverse Clients: *Homework, Handouts, and Activities for Use in Counseling, Training, and Psychotherapy*

This will be published in 2018 by [Harrington Park Press](#), previously the LGBTQ imprint of The Haworth Press, and now distributed by [Columbia University Press](#). This volume is planned as a successor version of a previous book published in 2003 also co-edited by Whitman & Boyd (The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy).

The successor book will have an improved format with completely up-to-date information and contemporary focus.

The purpose of this book is to:

- Offer counselors, psychologists, social workers and practicing therapists current and practical interventions, homework, and hands-on activities tailored for working with sexual and gender identity diverse clients.
- Provide evidenced based, ethical, and affirmative therapeutic activities for sexual and identity diverse clients.
- Provide theoretically sound interventions to use when working with sexual and gender identity diverse clients.
- Offer specific suggestions for a variety of issues uniquely faced by sexual and gender identity diverse clients.

### Structure of Chapters:

Each chapter will include the following:

Type of Contribution (Homework, Handout, or Activity)  
Objective  
Rationale for Use  
Evidence-based foundation, affirmative practice, and application of ethical codes  
Instructions  
Brief Vignette  
Suggestions for Follow-up  
Contraindications for Use  
Professional Readings and Resources  
Resources for Clients (web based and/or print)

Chapters will be similar in length to the first edition, with a range of 5 -10 ms.pages inclusive of activity and references.

We are looking for contributors to provide chapters including, **but not limited to**, the following topics:

### SECTION I: Homework, handouts, and activities for the Coming Out Process and Identity Exploration

- Chapters to include coming processes for a range of sexual orientations and gender identities and the process of navigating the development of multiple social identities from an intersectionality perspective
- Chapters will include considerations for clients from a variety of cultural and socioeconomic backgrounds
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION II: Homework, Handouts, and Activities for Managing Oppression and Marginalization

- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities
- Chapters will include the effects of multiple oppressions and intersectionality of those oppressions
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION III: Homework, Handouts, and Activities Across the Lifespan

- Chapters to include working with clients across the lifespan from a variety of different sexual, gender, and social identities using an intersectionality perspective
- Chapters will include interventions for children, adolescents, young adults, adults, adults in midlife, and older adults
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION IV: Homework, Handouts, and Activities for Relationship Issues

- Chapters will include dating considerations and especially the use of social media applications
- Chapters will include decision making around marriage and issues related to divorce, child custody, and generally dissolving relationships
- Chapters will include polyamory, polyfidelity, and asexuality and sexual functioning
- Chapters will include relationship issues and how gender, gender nonconforming identities, and sexual identity impact those relationships
- Chapters will include cross-cultural and transnational relationships
- Chapters will include issues helping couples navigate differences in stage of identity development
- Chapters will include issues helping couples navigate interpersonal violence
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities using an intersectionality perspective
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION V: Homework, Handouts, and Activities for LGBTQ Parenting and Family Therapy

- Chapters will include decisions around having children as well as issues around the various avenues for adoption, surrogacy, and options in reproductive technology.
- Chapters will include parenting considerations around navigating marginalized identities with childcare providers, schools, etc... and raising children in “conspicuous families”
- Chapters will include how to address parental concern about youth victimization and bullying both from the perspectives of the sexual and gender identities of youth and of the parents
- Chapters to include interventions to assist parents when navigating societal oppression of their children who are gender nonconforming and/or whose sexual identities are marginalized
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities taking an intersectionality approach
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION VI: Homework, Handouts, and Activities for Gender and Sex Identity

- Chapters will cover topics including transitioning and deciding whether or not to body modify
- Chapters will include a focus on intersex identities
- Chapters will include interventions addressing violence and victimization
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities from an intersectionality perspective
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION VII: Homework, Handouts, and Activities for Specific Presenting Concerns

- Chapters will include common clinical concerns including but not limited to eating disorders, depression, anxiety, economic concerns, living with HIV, sexual and other trauma, and suicidality
- Chapters will include working with clients from a variety of different sexual and gender identities as well as other social identities as they intersect
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION VIII: Homework, Handouts, and Activities for Career and Employment Issues

- Chapters will focus on common career, employment, and work concerns of clients from a variety of different sexual and gender identities as well as other social identities
- Chapters will include the effects of multiple oppressions and their intersectionality
- A chapter on the impact of transitioning and navigating successfully through the process at work will be included
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION IX: Homework, Handouts, and Activities for Religious and Spiritual Issues

- Chapters will include clinical concerns for clients whose religious and spiritual identities conflict with their sexual and gender identities
- Chapters will focus on helping clients navigate internalized stigma as it relates to their sexual and gender identities and the intersectionality of those identities with their religious and spiritual identities
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities as they intersect
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION X: Homework, Handouts, and Activities for Addictive Behaviors

- Chapters will focus on common clinical concerns of addictive behaviors including but not limited to alcohol and substance abuse, gambling, use of internet pornography, and sexual compulsivity
- Chapters to include working with clients from a variety of different sexual and gender identities as well as other social identities as they intersect
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION XI: Homework, Handouts, and Activities for use in Outreach Programming and Workshops

- Chapters will focus on interventions that are suitable for promoting dialogue within the LGBT community in a psychoeducational workshop setting. Topics will include identity development/exploration, navigating oppression/marginalization, empowerment, career exploration, and relationship skill building.
- Chapters will also focus on interventions that are suitable for psychoeducational workshops targeted to more general audiences (classrooms, religious groups, work/corporate settings, student groups, academic staff and faculty, etc.), in order to promote sensitivity and inclusion of the LGBT community. Topics may include:
  - Exploring the intersectionality of racism, sexism, transphobia, ableism, and homophobia, and how that impacts the LGBT community;
  - Exercises and handouts for teaching acceptance and promoting equality for the LGBT community with more general audiences; and
  - Exercises and handouts to increase knowledge of issues relating to sexual and gender diverse individuals.
- Each chapter will include any relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

## SECTION XII: Homework, Handouts, and Activities for Building Resilience

- Chapters will focus on strengths of clients from a variety of different sexual and gender identities as well as other social identities and their intersections
- Chapters will focus on bridging psychological distress and minority stress to building resilience
- Each chapter will include relevant research supporting the use of this type of intervention
- Each chapter will include the ethical guidelines connected to this intervention

If you are interested in submitting a chapter, please email a draft chapter submission by September 30, 2016 to Joy S. Whitman at [joy.whitman@waldenu.edu](mailto:joy.whitman@waldenu.edu) or Cyndy J. Boyd at [cboyd@exchange.upenn.edu](mailto:cboyd@exchange.upenn.edu).

If you have questions, please feel free to contact us.

Sample chapters available on request from either Co-Editor.

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